

JUNE 2021

Trinity Lutheran Church

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(Trinity Lutheran Church of Cass Lake)
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Pastor's Reflections

"For surely I know the plans I have for you, says the Lord, plans for your welfare and not for harm, to give you a future with hope" (Jeremiah 29:11).

We've learned over the past year how resilient we are as church and as people of God. It's been a time of pain, loss, injustice and uncertainty. It has also been a time of learning, listening and trying new things — stepping out of our comfort zones and into a more digital world. This church persevered in so many ways.

The churchwide organization has been working alongside all expressions and ministries of the ELCA and our partners to provide resources, share stories, engage members and keep our programs alive as we've shifted our focus to responding to the pandemic.

For the generosity of this church through its COVID-19 Response Fund, for the remarkable ways in which we connected to one another, and for the innovative approaches so many of you took to engaging your communities in the gospel, I want to say thank you. Thank you for your ingenuity, and for knowing that God has a plan for us and it's one filled with hope.

As we look to the future, I invite you to dream with me for a moment. Imagine more people knowing Jesus.

Imagine creating communities of love and justice online and in real life. Imagine our online communities and pews filled with new, young and diverse members. Imagine spending more of your time collaborating with others to have a bigger impact in our neighborhoods and in the world.

That is the future I want to build with you. We've all experienced God's ability to see us through challenging times and through new seasons of life. This is an invitation to be part of something that God is doing with and through us. There's never been a better moment to share the way of Jesus and introduce more people to community, justice and love.

In peace,
Elizabeth A. Eaton
Presiding Bishop



It is with great joy that we share this news: we have resumed congregational singing! We also recognize, however, that this transition may make some folks more uncomfortable attending in person, hence the notification. Thank you for your patience as we continue to navigate these waters.

Update on masks & physical distancing

Greetings fellow siblings in Christ,

As per Gov Walz's executive order Fri May 14, we decided we will longer require those who have been vaccinated to wear a mask, nor will we remain physically distanced. We do ask/recommend that those who have not been vaccinated please still wear a mask.

We will continue to record the service and post them online on our website (tlccasslake.com) and FB page for anyone who may not be comfortable returning to in-person worship at this time.

Sincerely,
The COVID Subcommittee

May you
have a safe
and
meaningful
Memorial
Day!



Coffee & Fellowship

We look forward to resuming fellowship on **Sunday, June 6.**

Volunteers to serve coffee and treats this summer are appreciated.

Please sign up on the sheet in the narthex.

**WELCOME
BACK!!**

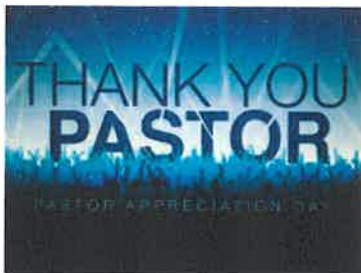
We will be welcoming back visitors and snowbirds during worship on June 6.

Miigwech

I just wanted to say thank you for the birthday cards and wishes!! It made the whole week all the brighter, singing a tune of happiness in my heart.



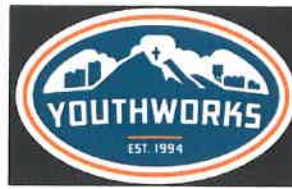
Sincerely,
Pr Amanda



To express our thanks and gratitude to Pastor Amanda for her efforts in dealing with the extra burdens resulting from

dealing with the COVID-19 pandemic over the past year, a 'paint-a-thon' is being planned for late June. The plan is to paint her house, and complete some associated maintenance.

We would like to invite anyone who would like to help out with actual painting, and/or contribute monetarily to help cover the cost of the paint and supplies, to contact one of the Trustees (L Christianson, T Nord, N Ramsey, B Schulz). There is a signup in the narthex.



Looking for some assistance?

Do you or someone you know need help with yard work? Painting? Some

minor house repairs? YouthWorks will once again be in the Cass Lake/Leech Lake Reservation area this summer. Request forms are available at the office.

June Service Groups

Date	Reader	Ushers
6/6	Laurie Buehler	Bev Larson & Howard Hirdler
6/13	Terry Nord	Wes Dunham & Howard Hirdler
6/20	Susan Schulz	Wes Dunham & Howard Hirdler
6/27	John Aamodt	Wes Dunham & Howard Hirdler

Financials for Trinity

April Financials	Month	YTD
Giving	\$14,680	\$ 44,152
Actual Expenses	\$10,006	\$ 42,992
Budgeted Expenses	\$12,061	\$ 48,429



Tip

If you want to go Green on a Budget, try using Dr. Bronner's liquid Pure Castile Soap for a multi-purpose product. It can be used in the shower, and combined with water, it can be used in foaming hand soap dispensers around the house. Add 1/4 tsp. to a bowl of water and use it as a fruit and vegetable wash, or keep it in a dispenser near the sink. Put 1 Tbsp. in a quart of water, and use as a plant spray that will repel bugs but not harm plants. The company's website lists dilutions for 18 different uses: bit.ly/2y8C5Yx.

Mental Health Corner

"Out of the depths I cry to you, O Lord."
Psalm 130:1

Mighty God, in Jesus Christ you deal with forces that trouble our minds and set us against ourselves. Give peace to me/those who are cast down, beset by anxiety, or torn by inner conflict. By your great might, drive from me/us the powers that shake confidence and shatter love. Bring me/us into the light of your truth, and give me/us your strong assurance that I am/we are your beloved children in Jesus Christ our Lord. Amen. (Prayer from ELCA)



This message is an excerpt from a [Women of the ELCA blog](#) by Cheryl Crockett as included in Daily Grace.

As I attempt to stay safe these days and pursue Plan B for my daily life, I'm aware that I'm not the only one struggling to keep a positive attitude and somehow relay that positive sense to those around me. But the threat of COVID-19 looms over enough of our favorite activities that we have to find new ways to socialize, remain active, and preserve the safety of ourselves and others.

For me, the answers include having regular conversations with those who matter most to me—preferably woven throughout with plenty of laughter. The solutions also include finding unique ways to reclaim the activities I miss most. What favorite activities have you had to put aside? Have you found alternative ways to reclaim them?

I hope your choices include time for self-renewal. We all need breaks that can give us the strength to keep a positive outlook and feel gratitude for the gifts we often take for granted.

Daily Grace is an on-the-go companion for your journey, offering a faith reflection every day.

Encounter God's extravagant, boundless and often surprising grace by signing up for a daily email message.

You can also download the newly updated app for your IOS and Android devices. You can go to Womenoftheelca.org to sign up to receive Daily Grace on your home computer, tablet or phone.



Our women's Bible study has resumed. We meet in the Fellowship Hall, Mondays at 9 a.m.

The crafters meet at 10:00 a.m. in the Fellowship Hall. If you do not have a craft to work on, please still feel free to come and enjoy conversation.

All women of Trinity are invited to attend either or both of these.



Café, an on-line magazine, shares stories written by bold young women who write about faith, relationships, advocacy and more. Readers and writers of *Café* include pastors, seminary and college students, and other young adult women who use *Café* as a Bible study resource individually or with a group.

Although many women in their 20s and 30s contribute in every issue, *Café* can be used and shared by women of all ages.

Congress. I encourage you to speak from your heart, perhaps share a story about someone in need. Supported with prayer, these letters are a bold witness to God’s justice and mercy. Year after year, they impact the decisions made in Congress. This will be the fourth year joining sisters and brothers across the country.

Reminders will be included in our church bulletins. Some information is on our Trinity Lutheran Church website. For complete information including sample letters go to bread.org/ol website.

Support Bread for the World **June 6, 2021. We will be offering letter writing in person at church on June 6th or you may write your letter from home and mail it.**

Please participate by mailing your letter(s) to:

US Senator Amy Klobuchar
 Olcott Plaza Rm 105
 820 9th N
 Virginia, MN 55792

US Senator Tina Smith
 819 Center Avenue Suite 2A
 Moorhead, MN 56560

US House of Representative Pete Stauber
 316 W. Lake Street Room 7
 Chisholm, MN 55719

US House of Representative Michelle Fischbach
 2513 8th St S
 Moorhead, MN 56560



**BETTER NUTRITION,
 BETTER TOMORROW
 2021**

Bread for the World is a collective Christian voice urging our nation’s decision makers to end

hunger at home and abroad. For nearly 50 years, Bread for the World members have helped win support for bipartisan measures that address the causes of hunger. Each year, thousands of churches from many different faith traditions take part in the Offering of Letters.

Your letters to Congress will help more children escape malnutrition and get the nutrition they need to grow and thrive. The Offering of Letters to Congress engages churches, campuses, and other faith communities in writing personalized letters to



June 20
**HAPPY
 FATHER'S
 Day!**

**Wishing a
 blessed
 Father's
 Day to all
 men.**

Stewardship article:

Why I Give By: Gene Patten

Thinking back about as far as I can remember, giving money to church in the form of a weekly offering began with me as a young child. My parents would give my sister and myself a small weekly allowance (change) of which a portion of which was then given as an offering in Sunday school or during the regular church service. I recall laying on the living room floor next to the old Philco radio many early Saturday evenings (before we had TV) and listening to the "Gangbusters" and "Amos and Andy" radio programs. Once these programs were over, Mother would turn off the radio and tell me it was time to work on my Sunday school lesson for tomorrow.

Mother started putting together a scrapbook for me shortly after I was born. Over the years she pasted or placed numerous wildlife pictures and articles that she had cut out of newspapers and magazines in the scrapbook. Dad would more often than not take me along with him on his various hunting and fishing excursions even though I was too young to participate in any of them. I vividly remember riding along in a small duck hunting boat with Dad and his hunting partner one early morning on Rice Lake. Although the season did not open until noon that year, it was necessary to locate your favorite spot on the shallow lake before some other hunting group had occupied it. Once there, the long wait (3-4 hours) began until the noon opening. Dad also had a rope that he tied around me and then tied short to the boat so that in my rambunctious behavior I could not fall overboard. He also brought along several comic books for me to look through to help pass the time until the season opening.

My parents caring for my childhood development and well being led to my interest in the environment and eventual career in natural resource management. Growing up in southern Minnesota in the late 1940's and 1950's I witnessed the continued annual loss of native prairie grasslands and wetlands in the rural landscape. The original land scape is basically 95% gone today. I consider my personal involvement in the perpetual protection and/or restoration of

wetland habitats, particularly in North Dakota as probably my most satisfying life's accomplishments. It just feels right and good and I'm at peace with the Lord in that respect.

The presence of the words "subdue" and "dominion" in Genesis 1 of the Bible has always bothered me somewhat my entire life. I would guess that most of us would interpret them to mean that we as the human race are to be good caretakers (wise-use) of all that God has created. Unfortunately, there are those individuals and countries that over the centuries have felt and acted otherwise. Put down, annihilate, and vanquish were their themes used to eliminate species and habitats for short term benefits. Examples include the passenger pigeon, South American rainforests, polluted rivers, degraded and lost wetlands. Most of these activities were based on short term gains without consideration of the long term negative effects.

I think as a young child giving was basically thought of as your weekly offering and that is it. As you grow older and become much more involved in society and your church, you realize there is much more involved than you thought. There is helping those in need, caring for parents, relatives and others, standing up for individual rights, teaching Sunday school, etc., etc. The list is endless and takes place in many forms of thought, word and deed.

I feel that giving at Trinity is vitally important in all aspects, especially since Trinity is a small congregation with a decreasing membership. Most importantly, we are extremely fortunate to have an outstanding, talented and compassionate leader in Pastor Amanda. What a "blessing" she is! In regards to weekly or monthly offerings – if you miss a week or two make sure you catch up when you are able as church expenses continue on throughout the year.

I whole heartedly agree with OJ and others that it feels good to give generously. Though it may be hard or difficult at times, you will be rewarded in the end. A Indian doctor working through telemedicine with Covid-19 patients in India recently said: "The best way to be happy is to help others."



Thank you for promoting our work day at Camp Minnekaikon and lending a hand to get everything ready for this summer! We are so grateful for your help and support!

Peace And Gratitude,
The PATHWAYS Staff

Summer Camp Staff Needed

Our camps need our help to identify and connect young adults to a summer learning leadership skills that will last a lifetime! There are a variety of positions - counselors, canoe guides, kitchen staff, maintenance, health care, lifeguards, cooks, on site leadership and more. **Who can you share this information with today?** The links below will take you to employment pages!

[Camp Onomia](https://www.camponomia.org/employment)

<https://www.camponomia.org/employment>

[Voyageurs Lutheran Ministry](https://www.vlmcamps.org/summer-employment)

<https://www.vlmcamps.org/summer-employment>

[Luther Crest Bible Camp](https://www.luthercrest.org/employment.html)

<https://www.luthercrest.org/employment.html>

[Amnicon Adventures & Retreats](https://amnicon.org/employment/)

<https://amnicon.org/employment/>

I have heard of your faith in the Lord Jesus and your love toward all the saints, and for this reason I do not cease to give thanks for you as I remember you in my prayers.
Ephesians 1:15-16

Energy Assistance Program

Please share this resource with anyone you know who is struggling financially.

The program deadline has been **extended to September 1, 2021** and **additional funding was also added for households in crisis**. Energy Assistance helps low-income households by:

- Helping to pay a portion of heating and electric costs.
- Crisis funding increase to \$1,200 for those needing additional assistance.
- Providing eligible homeowners with furnace repairs or replacements.
- Providing referrals to weatherization services.

2021 Maximum Energy Assistance Program Income Guidelines

Household Size	Annual Income	3 Month Max. Guidelines
1	\$33,918	\$8,479
2	\$44,355	\$11,088
3	\$54,791	\$13,697
4	\$65,228	\$16,307
5	\$75,664	\$18,916
6	\$86,101	\$21,525
7	\$88,058	\$22,014

Bi-CAP serves households living in Beltrami & Cass Counties. Call to request an application today: 800-332-7161 or 218-751-4631. Visit us at: www.bicap.org

Dear Lord,
Please don't let Brussel Sprouts
be a part of the cure of Covid-19 Virus.



A father was at the beach with his children when the four-year-old son ran up to him, grabbed his hand, and led him to the shore where a seagull lay dead in the sand.

"Daddy, what happened to him?" the son asked.

"He died and went to Heaven," the Dad replied.

The boy thought a moment and then said, "Did God throw him back down?"

Did you hear about the fellow whose entire left side was cut off? He's all right now.

A bicycle can't stand alone; it's just two tired.

The guy who fell into an upholstery machine last week is now fully recovered.

THE BEMIDJI AREA CHURCH MUSICIANS
PRESENTS
THE 2021 SUMMER RECITAL SERIES
Our 34th season

WEDNESDAYS, NOON TO 12:30 PM

Recitals will be virtual until June 30 with videos on Facebook and YouTube.

We will begin in-person concerts with lunch following on June 30.

June 2	BACH Scholarship Recipients: Madelyne Schutte, Gwendoline Young, Britta Aas, Trevor Loewe	Calvary Lutheran Church 2508 Washington Avenue SE
June 9	First City Handbell Choir, Carol L. Johnson and Vicki L. Stenerson, Co-directors	St. Bartholomew's Episcopal Church 1800 Irvine Avenue NW
June 16	St. Mark's Musicians	St. Mark's Lutheran Church 2220 Anne St. NW
June 23	Keyboard Recital, Maddy Lawrence, Linda Wagner, Sarah Carlson, Phil Hermann, Nate Matthews	United Methodist Church 9 th and Beltrami Avenue
June 30	Ryan Webber, trombone, Dan Will, piano	Evangelical Free Church 115 Carr Lake Road SW
July 7	Bemidji Brass Quintet - Kyle Riess, trumpet, Craig Schwartz, trumpet, Eve Sumsky, horn, Ryan Webber, trombone, Brennan Paulsen, tuba	First Baptist Church 1555 Paul Bunyan Dr. NW
July 14	Lois Simonson, piano, Kari Miller, flute, Sanna Gustafson, saxophone, Janet Pederson, violin	Evangelical Covenant Church 5405 Hwy 2 W (across from Bemidji Theater)
July 21	Trinity Lutheran Bronze Bell Choir, Debbie Nordick, handbell solo, Deon Wentzel, flute	Trinity Lutheran Church 123 29 th St NW
July 28	Glenn Seibel, euphonium Wayne Hoff, piano	United Methodist Church 9 th and Beltrami Avenue
August 4	Annalise Aakhus, mezzo soprano, Cheryl Durant, piano, Traci Djonne Schanke, soprano	New Salem Lutheran Church 7491 Island View Dr. NW (Hwy 71 N at Turtle River)
August 11	Vocalists: Christian Brezczinski and Tamara Moore, Nate Matthews, piano, Gwen Yauso, piano and flute	St. Phillip's Church 702 Beltrami Avenue
August 18	Jennifer (Paquette) Ellis, piano, folk harp	Calvary Lutheran Church 2508 Washington Avenue SE
August 25	Sarah Carlson, organ Bob Madeson, euphonium	First Lutheran Church 900 Bemidji Avenue

FREE WILL OFFERING Supports our Music Scholarships
Lunch price to be announced

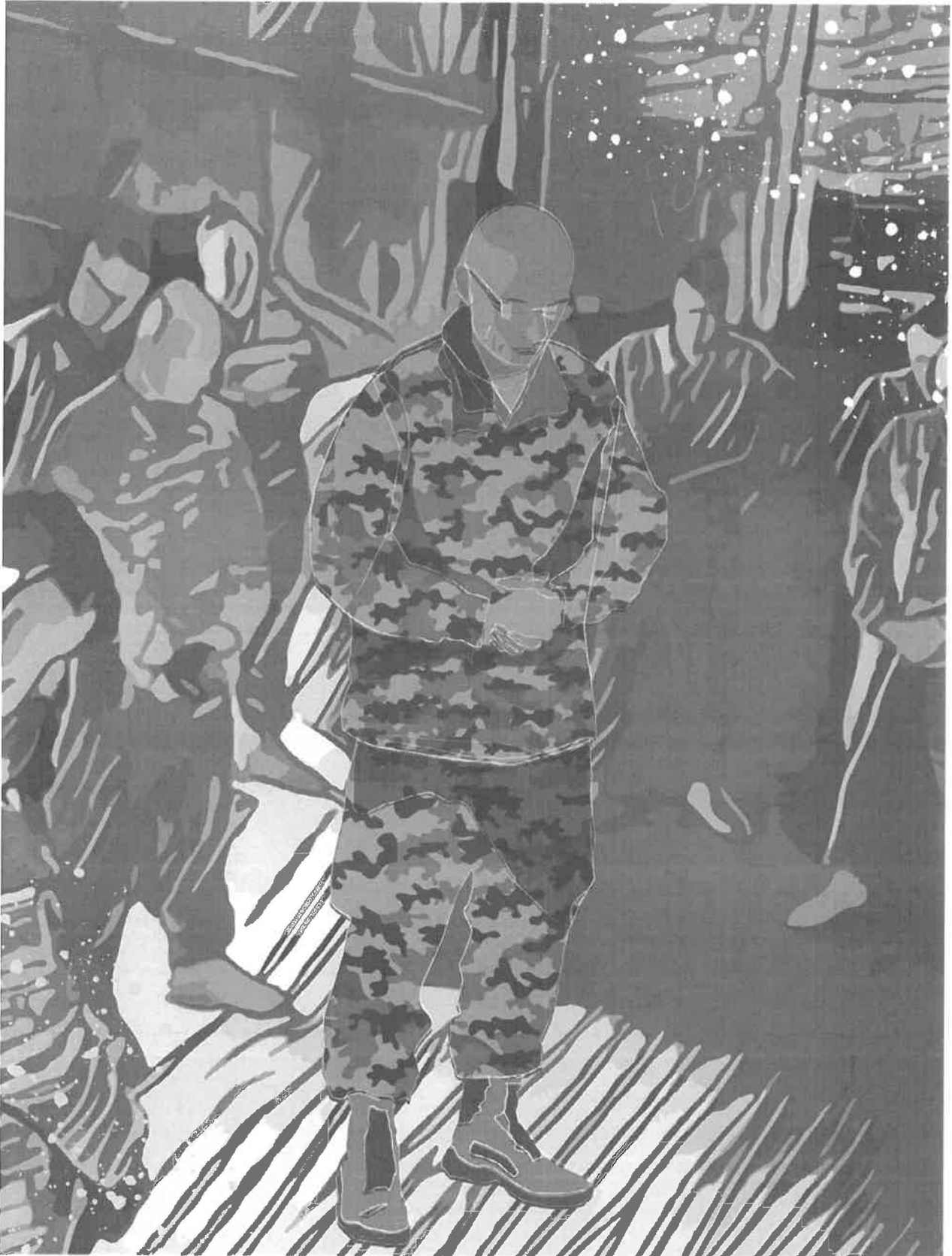


Faith in Action volunteers have remained busy throughout the past year pandemic – providing many, many rides and completing chores, repairs and building ramps for people in Cass County. As more volunteers return from winter travels and are vaccinated we hope to meet the current needs for homemaking and caregiver respite in our communities. Please call our office if you have any questions or need to refer someone who needs help.

Faith in Action for Cass County, PO Box 512,
Hackensack, MN 56452. Office: 218-675-5435

cassfia@uslink.net

www.faithinactioncass.com



Anthony Stephens, an ELCA pastor and Army chaplain, ministered to some 700 National Guard and Army troops during New York City's severe COVID-19 outbreak.



CHAPLAIN ON THE FRONT LINE

Ministering to some 700 National Guard and Army troops during New York City's severe COVID-19 outbreak might seem daunting. But not to Anthony Stephens, an ELCA pastor and an Army chaplain.

"IN MANY WAYS, THERE'S A FEELING OF DEFENSELESSNESS AGAINST THIS VIRUS," STEPHENS SAID. "WE WERE ALL EXPOSED BEFORE SOCIAL DISTANCING, AND WE CAN'T ESCAPE THAT. "

Since 2016, Stephens has served as senior chaplain to Joint Task Force Empire Shield, part of the New York State Division of Military and Naval Affairs. The task force protects the city's bridges, airports, tunnels and train stations from security threats, and has also responded to the COVID-19 outbreak.

Stephens helped troops deal with their anxiety over serving on the front lines and possibly contracting the virus. He also counseled those with family members or friends who were sick, jobless or challenged by other hardships.

"In many ways, there's a feeling of defenselessness against this virus," Stephens said. "We were all exposed before social distancing, and we can't escape that. There's a sense that you can wash your hands just so many times; that we're in God's hands now."


With a Master of Divinity from Pacific Lutheran Theological Seminary, Stephens maintains a private counseling practice and, as a pastor, chaplain and counselor, has ministered to people in parishes, prisons, hospitals, counseling centers and the military.

Of all his assignments, the closest to his heart is his current role as a New York Army National Guard chaplain, where he holds the rank of major. "Back in seminary, a Navy recruiter showed up and we talked and prayed," Stephens said. "I knew I'd be called someday to military chaplaincy." *Mission Support funds contribute to ELCA chaplain ministry.*

His diverse ministry experiences have equipped him to address the troops' spiritual needs. "Nothing that I've done in my life has been wasted. My experiences have been used in sermons, to be less judgmental and to give me perspective."

Thank you for your generous gifts of Mission Support, which made this story of faith in action possible. Mission Support is the portion of your offering your congregation shares with your synod, and your synod shares with the churchwide organization. To learn more, visit ELCA.org/SOFIA.

June 2021

Sunday	Monday	Tuesday	Wednesda	Thursd	Friday	Saturday
	Memorial Day Church Office Closed Youthworks staff will be at Trinity May 24 - June 1.	1 12:30pm Board of Worship & Education	2 CLFS 9-3 8:30-12:30 Bemidji Food Shelf	3	4	5 Pastor's Study Day
6 In-person Worship 10:30am online at TLCcasslake.com & Facebook Bread for the World Letters	7 9am Women's Bible Study 10am Crafters Pastor's Day Off	8	9 CLFS 9-3 12:45pm Board of Trustees	10	11	12
13 In-person Worship 10:30am online at TLCcasslake.com & Facebook	14 9am Women's Bible Study 10am Crafters Pastor's Day Off	15	16 CLFS 9-3 3:30pm Council	17	18	19
20 In-person Worship 10:30am online at TLCcasslake.com & Facebook Father's Day	21 9am Women's Bible Study 10am Crafters Pastor's Day Off	22	23 CLFS 9-3	24	25	26
27 In-person Worship 10:30am online at TLCcasslake.com & Facebook	28 9am Women's Bible Study 10am Crafters Pastor's Day Off	29	30 CLFS 9-3			
July 4 In-person Worship 10:30am online at TLCcasslake.com & Facebook Independence Day	July 5 Independence Day Observed	Pastor Amanda will be on vacation from June 28 thru July 14. Please call Pr Bill Beyer at 218-368-5014 for pastoral emergencies.				
	July 6 Independence Day Observed	July 6 12:30pm Board of Worship & Education				