

AUGUST 2022

Trinity Lutheran Church

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(Trinity Lutheran Church of Cass Lake)

WEB site: tlccasslake.com

Pastoral Reflections

I am...

**Created by an ever-present, loving God,
Deeply rooted in Christ Jesus,
Equipped to be resilient amidst change,
Grounded in community,
Nourished by the living God,
Free to struggle, grow and expand,
Compelled to reach out in response,
Renewed in hope each day.**

180 high school youth and adult leaders gathered at the University of Wisconsin-Superior July 21-24 for the NE MN Synod Journey. The "Deeply Rooted" creed above was part of prayer stations during that Friday. We are all invited, as shared in the Synod's weekly Walking in the Word reflection, to consider with them...

I am...

What word would describe you?

Created by an Ever Present, loving God...

The air, while invisible to the eye, sustains a tree. While not always visible to the eye, God's presence sustains us. Pause and remember God's loving presence with you.

Deeply rooted in Christ Jesus...

A tree stands upright, despite strong winds and running waters because of their deep roots. What practices root you in faith?

Equipped to be resilient amidst change...

Trees go through many seasons—spring, summer, fall, winter—as we do. God is at work in all seasons and equips us to be resilient amidst the changes. What season of life and faith do you find yourself in right now?

Grounded in community...

A tree does not stand alone in the forest, but is surrounded and supported by other trees. Who supports you? How do you support others?

Nourished by the living God...

Just as a tree is planted in and nourished by the soil, we are nourished by and live in the Word.

What scripture most speaks to you?

Free to struggle, grow and expand...

A cross-section of a tree shows the rings expanding out with each year of growth, and evidence of struggle and times of expansion. How have you been shaped and grown through struggle?

Compelled to reach out in response...

Deeply rooted, a tree grows branches that reach out in all directions from the trunk. To where and to whom does God call you to respond to the Good News?

Renewed in hope each day...

The rains come and water the earth, providing for the trees. The clouds clear and the sun comes out, bringing light and new life. Marked with the waters of baptism, finding hope in the Son, we are blessed and sent forth in and for the world God loves. Where do you find hope?



NORWAY BEACH WORSHIPS SERVICE

AUG 7, 2021

We will be having an outdoor worship service in the pavilion at Norway Beach Campgrounds on August 7th at 10:30. It is located off of

Sabbatical Policy Committee Report

highway 2 east of Cass Lake approximately 4 miles. This will be another exciting time to worship and potentially build relationships with other community members, campers and visitors as part of our church outreach ministry. This will start our Season of Creation series. Pastor Amanda will also do a pet blessing as part of the outdoor Norway Beach service. Any pet brought for the pet blessing must be on a 6 ft. leash or caged. After the service we will have a picnic lunch featuring smoker grilled pulled pork sandwiches with some additional side dishes, so come and enjoy the outdoor service, fine food and friendship. The scenery is beautiful in this natural setting located right on the southern shore of Cass Lake. Bring your camera if you wish to snap a few breath-taking photos. Once you turn off of highway 2 there will be directional signs to guide you to the parking lot and pavilion. So, reserve the date Aug 7th and add some more fun and excitement into your life. If the weather is not favorable, then we will worship at our usual location. **Please invite family, friends, next-door neighbors and, if you're feeling courageous, strangers.**



Trinity Financials 2022 June	
Giving	\$ 6,657.96
Expense	\$ 9,840.12
Budget Amt	\$10,583.40

At the August 2021 Council meeting, Pastor Amanda verbally requested a three month sabbatical leave for the months of June, July and August 2023.

At the April 2022 Council meeting, a motion was made by O.J and seconded by Gene P. that Pastor Amanda be granted her sabbatical leave request, provided she submit a written request for the leave. The council approved the sabbatical leave for the summer months of 2023, with one member abstaining.

At the May Worship & Education Board meeting, Howard H. Made a motion to form an ad hoc Sabbatical Policy Committee. The motion was seconded by Gene P and was carried. Even though a sabbatical leave had been granted to a previous pastor nearly a decade ago, neither that council nor any council since, developed a sabbatical leave policy. The W&E Board feels it is time for TLC to have a sabbatical policy in place for any such future pastoral requests.

At the May Council meeting, Pastor Amanda submitted her written sabbatical leave request.

The Sabbatical Policy Committee was formed in June. Its members are: John Aamodt, Terry Baltuff, Howard Hirdler, Marianne Kamrud & Pastor Amanda. The committee met for the first time in mid June. They reviewed synod sabbatical policy guidelines as well as examples from other congregations that have such a policy in place. The committee will meet again in mid July to further their task of drafting a policy for this congregation. Updates will be provided via the church newsletter. Once complete, it will be presented to the church council. With council's approval, it would likely be presented to the congregation at the next annual meeting and might also require congregational approval.

Committee members welcome your concerns, questions, input and feedback.

**T H A N K
Y O U**

Thank you to Gary Larson for building and installing the new hand railing for the chancel steps!



Terry Nord has been recognized as a "Someone Special" volunteer who has made significant contributions to the community. Terry was nominated by Sanford Health of Bemidji.

Terry has been a BeFriender volunteer at Nielson Place for eleven years. The four principles of the BF ministry, God's presence, caring not curing, a nonjudgmental presence, and active listening, characterize the pastoral care he offers to residents. We give thanks to God for Terry and the special connections he is making with our neighbors!



The ministry of education

Is the Spirit calling you to teach and learn with our younger siblings in Christ? Are you looking for a way to build relationships with other generations? If so, Sunday School could be the place for you! Classes will be starting Sun Sept 11 and will be held mostly every other week. We'll also have some fun social outings and service events. Please sign-up on the table in the narthex or talk to Mary Nord if you'd like to be involved as a teacher.

Trinity Lutheran Church of Cass Lake



August 28th, 2022 12:30-2:30

Join us as we honor the Custodians, Bus Drivers, and Kitchen Staff of the local school district with a fun filled afternoon. Fun, Food, and Fellowship for all ages. Lunch and activities will begin at 12:30.

- ❖ Carnival Games & Prizes
- ❖ Fishing Pond
- ❖ Cupcake Walk
- ❖ Cotton Candy
- ❖ Walking Tacos
- ❖ Face Painting
- ❖ Craft Activities
- ❖ Backyard Games
- ❖ Musk by Gary's Garage Band
- ❖ Big Trucks & Buses to Explore
- ❖ Animals guests from the Headwaters Science Center



Please join us before the festivities for a special honor service starting at 10:30am.

Location
Trinity Lutheran Church
Hwy 2 Cass Lake, MN



Women of the ELCA

WELCA Meeting 11 am Monday August 1.

Trinity Ladies meet at 9 am on Mondays for Bible Study.

Trinity crafters meet 10 am on Mondays to work on crafts.

Prayer Circle Sign-Up Sheet

Trinity is in the process of updating our Prayer Circle information.

If you wish to be added to the Prayer Circle, please fill out the form on the table in the narthex.

We have three options for getting the prayer requests out. Via text message, via email or by phone. Please note how you want to be notified and the phone number or email address you want us to use.

Free Hospital Beds

Gold Pine Home would like to donate a hospital bed to someone in need. They have 2 available. If you are interested, call the church office 218-335-6393 and we will forward your request.



Dan Navarro in Concert!

Trinity Lutheran Church Social Hall

Friday 9-2-2022: 5-7pm; doors open at 4:30

\$15 suggested donation at the door;

all donations go directly to the artist

Meet & greet and autographs after the show

New CD release! CDs and merchandise for sale

Ages 5 and up welcome

No food/beverage service

To reserve a seat or ask questions, contact host Cindy Davis at robinceili@yahoo.com.

Covid vaccinations and masks are not currently required, but Trinity Lutheran Church, Dan, and Cindy reserve the right to change safety precaution requirements at any time.

House Concerts are intimate listening events where you are up close and personal with the artist. There is nothing like it! Guests remain seated and attentive to the artist while he is playing.

Touring singer-songwriter and voice actor Dan Navarro's eclectic 40-year career includes 17 acclaimed albums, thousands of concerts, Oscar-winning films *Encanto*, *Coco*, and *Happy Feet*, television, videogames, commercials, and writing hits like Pat Benatar's Grammy-nominated "We Belong". After performing over 250 housebound livestreams during the pandemic, Dan is back on the road on his NomadDan tour, connecting with live audiences once again. You'll hear old favorites from his Lowen & Navarro days and songs from his 2018 solo album *Shed My Skin* and his brand new album *Horizon Line*, which will be exactly 8 days old on the day of the concert!

August Service Groups

Date	Reader	Comm. Assist.	Recorder
8/7	Terry Nord	Terry Nord	OJ
8/14	Joanne Withers	Joanne Withers & Grace Ronnebaum	OJ
8/21	Susan Schulz	Susan Schulz & Betty Wright	OJ
8/28	John Aamodt	John Aamodt & Laretta Jacobson	OJ

Ushers for August:
Leonard Tompkins & Ed Olson

Communion across cultures

We believe that as we eat and drink the Lord's Supper, we are continually united with all the saints across *time and space*. Back in March Steph Swanson had the wonderful idea of having traditional Ukrainian bread for communion. Not only would it remind us of our neighbors who are living an all too real nightmare, but it would connect us, in a small, tangible way, with our Christian siblings over there through the body and blood of Jesus. When it was decided to continue offering bread for communion, we thought why not lift up other cultures as well. So we invite you, if you're able, to make bread for communion that represents your ethnic background, or use a family recipe! If you are not able to make the bread but would still like to participate, please bring or mail in a recipe and someone will make it for you. In order to organize this a little, please add your name to the list on the table in the welcome area (narthex).



Balloons Are Like Happiness

by Rev. Susan Gregg-Schroeder (Originally published

on <http://mentalhealthministries.net/inspiration/devotions.html>)

I read this story from an unknown author and I believe it has a hopeful message for all of us. A professor gave a balloon to every student, who had to inflate it, write their name on it, and throw it in the hallway. The professors then mixed all the balloons. The students were given 5 minutes to find their own balloon. Despite a hectic search, no one found their balloon. At that point, the professors told the students to take the first balloon that they found and hand it to the person whose name was written on it. Within 5 minutes everyone had their own balloon.

The professors said to the students: "These balloons are like happiness. We will never find it if everyone is looking for their own. But if we care about other people's happiness.... we will find ours too."

Ila Senn Fund

Since the fall of 2017, there have been a couple people each year who have called or stopped in seeking assistance. While we have given out gift cards from Leech Lake Market, thanks to the generosity of a few, we do not have an official fund to help people who are not members of TLC or connected with the congregation. In loving memory of Ila who frequently gave to others in need, we have now established such a fund. If you would like to donate to this fund please mark "Ila Senn Fund" in the check memo or on a note along with your name, if you'd like it to be included in your giving statement, if you give cash. Thank You!



Green Tip

Nearly 300 school districts, Head Starts and early care programs in Minnesota are buying some of their food from local farmers. Back in 2019, there was a bipartisan

Farm to School bill (HF 811, SF 1346) that enacted state support for such a program. The link between nutrition and educational and health outcomes is increasingly clear, and access to fresh, healthy food at a young age fuels brain development and shapes food preferences for life. For farmers, Farm to School gives them a large, stable and predictable market that they can plan for in advance. Farm to School creates a supply chain that stimulates local economies, enabling businesses to hire more employees and support other local businesses. A study in Oregon shows that by providing outreach and technical support, every dollar spent on Farm to School programs generates \$2.16 in additional economic activity for the local economy. Kids get the nutritious foods they need, while greater Minnesota gets a boost in revitalizing their communities. Let us give thanks for the approval and implementation of such a program.



Sacred Sites Tour August 19



Together Here, a ministry of the NEMN Synod, is organizing a Sacred Sites Tour with Rev. Jim Bear Jacobs and the Minnesota Council of Churches on **Aug 19**. It'll go from **10:30 am to**

approximately 2:30 pm. The tour will begin by meeting at the **Church of St Peter, 1405 Sibley Memorial Highway, St. Paul, MN**. Suggested donations, which will go to the MN Council of Churches, are invited in the range of \$50-70/person. Space is limited to 50 people. Please email togetherherenemnsynod@gmail.com for registration information if interested. While there is no time set aside for a meal during the tour, participants are welcome to bring lunch.

These tours “offer an opportunity to learn about Minnesota history from a Native perspective through story-telling and experiencing the sites in silence/meditation/reflection.” Visits center around the confluence of the Mississippi and Minnesota rivers, which the Dakota people refer to as Bdote (“meeting place of rivers”), including sites in Fort Snelling State Park, the Dakota Internment Camp following the Dakota-U.S. War, and Pilot Knob Hill, a traditional burial ground. For more information please visit - <https://www.mnchurches.org/what-we-do/healing-minnesota-stories>



What would it be like if

council members, confirmation mentors, worship planners, fill-in-the blank role had more in-depth biblical & theological training?

IMPACTFUL

Lay Leader Ministry announces

2022-23 Lay Leader Network Intensive Series

This nationally recognized training is designed to educate and train lay people for leadership in the congregation, the community and in the synod. It is intended to refine theological knowledge and leadership skills in addition to stressing personal enrichment, spiritual growth and the development of ministry skills.

Sept 2022 – April 2023 4 sessions + Annual
Gathering in February

(Sept/Apr in person in Duluth and Brainerd.
Nov/Feb via Zoom)

[For more info and to register](#) today!

<http://www.nemnsynod.org/lay-leader-network.html>



Trinity Lutheran
Church

CHICKEN DINNER

Wednesday, August 3rd
5pm to 7pm

Free Will Offering

Proceeds go to local and worldwide
organizations

Yummy Home Cooking!



150 2nd St NE, Laporte
(218) 224-2417



A Prayer for Ukraine

O Lord, God of life, as you care for all creation, give us your peace. May our security come not from weapons, but from respect. May our strength come not from violence, but from love. May our own wealth come not from money, but from sharing.

May our path be not one of ambition, but of justice.
May our victory not be one of revenge, but of forgiveness. Unarmed and confident, help us to defend the dignity of all creation. Sharing today and always the bread of solidarity and peace. Amen.

Presiding Bishop Elizabeth Eaton
Faith Vigil for Peace in Ukraine

Checks or money orders can be sent to:

Lutheran Disaster Response

P.O. Box 1809

Merrifield, VA 22116-8009

Write "Eastern Europe Crisis Response" on your
check memo line.

Donate on line at: (<https://community.elca.org/eastern-europe-crisis-response?erid=962a5d3e-26b8-4530-acb3-ac791ec1ee8f&trid=962a5d3e-26b8-4530-acb3-ac791ec1ee8f>)

"Despite this COVID-19,
as a problem, Malawi
has not stopped
evangelizing. [We
simply used] a
different approach."



Evangelism Is Alive in Malawi

Service and Justice

In spite of COVID-19, ministry continues.

Those are words from Evance Mphalasa, a pastor and acting general secretary of the Evangelical Lutheran Church in Malawi (ELCM), words that have energized him and a team of evangelists as they spread the gospel despite the setbacks of the pandemic.

Strict government measures issued in early 2020 closed some of the churches in Malawi and restricted gatherings to 100 people, said Feston Phiri, pastor, ELCM director for training and secretary for mission and evangelism. Churches that remained open had to provide congregants with masks, sanitizer and water buckets, unbudgeted expenses that proved financially devastating.

Additionally, the printing of Sunday school and evangelism materials — particularly those in the Tumbuka language — stopped completely because most offices were closed, Phiri said. Malawian evangelists were not deterred.

2020 was “a very hard time indeed in regard with evangelism in Malawi, but I think the whole world [was challenged],” he said. “Despite this COVID-19, as a problem, Malawi has not stopped evangelizing. [We simply used] a different approach.”

Pastors hosted two, three, even four services each Sunday to accommodate the small-gathering restrictions. To further share the gospel, Phiri said, evangelists organized a van equipped with loudspeakers so they could preach and sing to people in their homes.

“We used this van and this singing group, which is a praise team, evangelizing, going

around to different areas, reaching out to different people with this kind of way,” he said. “This exercise was done during [the evenings] ... when people are in their houses, so it was very easy to reach them.”

Many first-world countries turned to social media to continue faith conversations and stay connected to parishioners, but Malawians lacked that luxury.

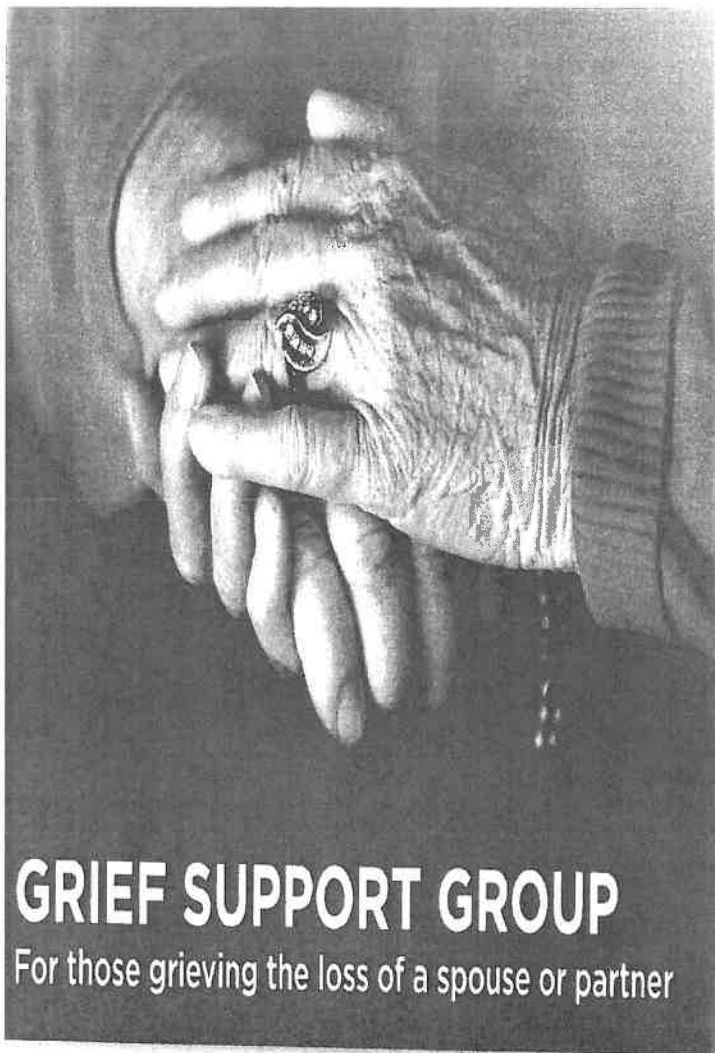
“Bishop never slept; he was always helping to get us the latest information about COVID-19, always sending messages through the forums for pastors.”

ELCM Bishop Joseph Bvumbwe created a virtual forum for Malawi pastors, providing daily updates so the pastors could stay at the forefront of helping their parishes.

“Bishop never slept; he was always helping to get us the latest information about COVID-19, always sending messages through the forums for pastors,” said Mphalasa. “Then, the pastors disseminated the information.”

This outreach — part of which was funded through ELCA Mission Support — has encouraged and increased the growth of the church, even during the COVID-19 pandemic.

“Without your help, we wouldn’t be talking about expanding the church,” Phiri said. “The church is growing so fast and so rapidly. This is very important.”



GRIEF SUPPORT GROUP

For those grieving the loss of a spouse or partner

After losing a loved one, connecting with others who are also grieving the loss of spouse or partner can help you through this difficult journey. Our grief support group at Sanford Health provides you with a safe, supportive environment for healing. Using discussion and storytelling, our facilitators can help you understand the grieving process and your emotions, as well as give you strategies for coping with guilt, anger and loneliness on special days and holidays.

We meet on the first and third Thursday of each month from 4:30 to 6 p.m.

Beltrami Electric Cooperative
4111 Technology Drive NW
Second Floor, Suite 201
Bemidji, MN 56601

Call (218) 333-5643 to learn more.
No registration or fee is required

SANFORD



HEALING AFTER LOSS

After profound loss, you may experience an overwhelming range of emotions. Our team at Sanford Health can help guide you through this difficult journey during our grief support group for individuals and families. You can connect with others who are grieving the loss of a loved one to share stories, build resiliency and find meaning in the face of loss in a safe environment among those who understand.

We meet on the second Thursday of each month from 4:30 to 6 p.m.

Beltrami Electric Cooperative
4111 Technology Drive NW, Second Floor, Suite 201
Bemidji, MN 56601

Call (218) 333-5643 to learn more. No registration or fee is required.

sanfordhealth.org

SANFORD

AUGUST 2022

Worship Services on-line at TLCcasslake.com & Facebook

SUNDAY	MONDAY	TUESDAY	WEDNESDA	THURSDAY	FRIDAY	SATURDAY
31 10:30 am In-person Worship	1 9am Women's Bible Study 10am Crafters 11am WELCA Pastor's Day Off	2 12 Noon Board of Worship & Education	3	4	5	6
7 10:30 am Outdoor Worship Pet Blessing & Picnic at Norway Beach	8 9am Women's Bible Study 10am Crafters Pastor's Day Off	9	10 12:45pm Board of Trustees	11	12	13
14 10:30 am In-person Worship	15 9am Women's Bible Study 10am Crafters Pastor's Day Off	16	17 3:30pm Council	18	19	20
21 10:30 am In-person Worship	22 9am Women's Bible Study 10am Crafters Pastor's Day Off	23	24	25	26	27 Pastor's Study Day
28 10:30 am In-person Worship Sunday Funday 12:30 – 2:30	29 9am Women's Bible Study 10am Crafters Pastor's Day Off	30	31	1	2 Davis House Concert Featuring Dan Navarro	3